

30 Minutes FIRE & ICE Skin Transformation

Approximate Time (30 minutes)

In today's fast-paced culture achieving immediate visible results is simply a must! In just 30 minutes, achieve remarkable skin regeneration and stimulation with effective boosting, brightening, facial contouring and deep moisturizing.

- 1. Resveratrol Dose I - Cleanse.** Mix several pumps of **Black Currant Creamy Cleanser** with a small amount of water in your hands. Apply and massage skin for 1-3 minutes with mild pressure in a circular motion covering the entire face and neck area.
- 2. Exfoliation I.** Apply **Dead Sea Salt Crystal Peel** over entire area being treated. Gently massage gel throughout until the salt crystals and enzymes connect with the dead skin cells. Continue until no further skin is rolling off. Remove remains from skin with moist pads.
- 3. Alpine Rose Stem Cells Peel Exfoliation II.** Apply 1 thin layer of the **Alpine Rose 40% Glycolic Peel** with a firm brush to avoid dripping on entire treated area and close to the crowfeet near the eyes. Leave on for 3-5 minutes for the face for comfort in the meantime. Remove with a cold moist towel.
- 4. Brightening & Collagen Boosting Oxygen Therapy.** Squeeze a full pump of the Instant **Energizing Oxygen Masque*** and swiftly apply it with your fingertips or from a glass bowl with a fan brush throughout the skin. For enhanced results continue by applying a gauze face masque and go over the skin with LED skin device. Remove Gauze and follow protocol.
- 5. Circulation Boosting Masque Therapy.** Apply about a nickel size amount of **Energizing Cinna-Ginger-Mint Masque** right over for stimulation, brightening, detoxifying and moisturizing; and leave on for 5 minutes. Masque will feel intense cooling and tingling sensation in first few minutes. Massage shoulder and arms in the meantime with the **Soy Beauty® Anti-Aging Hand & Body Complex.***
Remove masque with a cool moist towel.
- 6. Tonic/Freshener.** Spray the **Cucumber Mint Moisturizing Mist** several inches away from the face over the entire area being treated.
- 7. Soothing & Redness Remedy.** Apply a pea size amount of the **Botanicort Complex*** to skin as needed.
- 8. Apple Stem Cell Enhanced Eye Treatment.** Gently tap the **Stem Cells Eye Complex** on the surrounding eye area to firm, moisturize and repair skin cells.
- 9. Resveratrol Dose II + Super C Brightening & Antioxidant.** Apply **Black Currant C Serum** for enhanced brightening and collagen stimulating effect on the entire face and neck area.
- 10. Optional Accelerated Epidermal Infusion.**
Options include but not limited to:
 - ✓ Light Therapy
 - ✓ Micro-current
 - ✓ Nano-Infusion
- 11. AHA + Peptide Lift.** Apply a pump full of the **Revitalizing Fruit Complex** as the next layer following the serum for a deep nourishing, retexturing and firming effect. Works to repair, brighten and stimulate collagen regeneration.
- 12. Deep Hydration & Repair.** Take a teardrop amount of the **Hippophae Hydration Balm** and melt it in your fingertips. Apply it to entire face and neck to facilitate deep hydration, repair and protection from external factors.
- 13. Apply Sun Protection Post Daytime Treatments.** Using a pea size amount of product first spread it in the fingertips and then start from the neck up to the forehead, apply the **Soy Doctor® Ultra Light Moisture Screen SPF 30*** massaging it into the skin until it is no longer visible.

Repeat Treatment in 2-4 weeks. For best results a series of 4-6 sessions is recommended.

Recommended Homecare: Stem Cell Eye Complex, Black Currant C Serum, Revitalizing Fruit Complex, Soy Doctor@ Ultra Light Moisture Screen SPF 30

Starter Package:

***Not included in complete starter bundle.**

Black Currant Creamy Cleanser	Dead Sea Salt Crystal Peel	Alp Rose Stem Cells 40% Glycolic Peel
Energizing Cinna-Ginger-Mint Masque	Cucumber Mint Moisturizing Mist	Stem Cell Eye Complex
Black Currant C Serum	Revitalizing Fruit Complex	Hippophae Hydration Balm